

2024 Westport Youth Survey: Summary of Findings

Prepared by Valerie Babich, WPS, and Margaret Watt, Positive Directions

We are pleased to share with the Board of Education the outcomes of the Westport Youth Survey, conducted in February 2024 in collaboration with the Department of Human Services and Positive Directions. This survey was administered to a random sample of over 700 students in grades 7-12, providing valuable insights into youth substance use and related behaviors. Parents were given the opportunity to review the questions and opt-out their child from the survey or choose a paper-and-pencil format. The survey gathered important information on substance use in youth, including their current use, awareness of risks, and perception of peer and parent disapproval. Access to substances, family norms/rules about substances, student commitments, and other risky behaviors were also surveyed.

Results from the survey highlight some encouraging news and some ongoing challenges. Positive findings include the following:

1. **Use of alcohol, THC (cannabis), and vaping has decreased** compared with our 2021 youth survey. Other substance use (tobacco, misuse of prescription drugs) remains minimal at 1%. Substance use rates are particularly low at the middle school level and remain low through 10th grade.
2. **At the high school level, the large majority of students across all grades do not report any substance use**—consistent with other local, state and national surveys that reflect the decades-long national decrease in underage substance use:
 - o 75% Staples students do not drink
 - o 91% Staples students do not use cannabis
 - o 92% Staples students do not vape (any substance).
3. **Most Westport youth over age 16 do not drive under the influence of alcohol or cannabis.** However, 8% report that they have ridden with a driver under the influence and 12% have texted while driving.
4. **Westport youth are not using “harder” drugs**, with fewer than 10 individual high school students reporting use of each of the following: hallucinogens, meth, heroin/fentanyl, MDMA, cocaine/crack, inhalants.

Challenges that emerged from the survey are identified below.

1. **Vulnerable populations** include:
 - o White students, who report drinking at 3x the rate of non-White youth: 30% compared with 10%.

- Students with IEPs, who use cannabis at 3x the rate of students without IEPs and also vape at 2x the non-IEP rate. In 12th grade, more than half (53%) of students with IEPs report current use of cannabis.
 - LGBTQ+ youth, who vape and use tobacco at more than double the rate of non-LGBTQ+ youth and also drink at higher rates.
2. **Alcohol use among Westport seniors is 1.6x the national rate:** 38% of Staples 12th graders report current drinking, compared with 24% of 12th graders nationally. The high rate of drinking among seniors may reflect a common parenting misperception that youth should “learn” to drink before college. Note that the current statistic is much lower than in the 2021 Westport Youth Survey, when 60% of seniors reported current drinking.
 3. **There is an increase in nicotine use** among 11th and 12th graders compared with the 2021 survey. While the rate of cigarette smoking in 12th grade is low at 4%, it is double the rate of 2% in 2021, which may reflect an emerging issue. In addition, 5% of students now report using nicotine pouches.
 4. **Student perception of harm from substance use is lower than desirable** in all grades. For example:
 - In 7th grade, 22% of students do not believe it is harmful to binge drink 5+ drinks once or twice a week and 15% do not see vaping (nicotine or marijuana) as risky.
 - In 12th grade, more than half of students (51%) believe that using cannabis once or twice a week is not harmful—even though at that age, it directly affects brain development.
 - Westport students reporting low perception of harm are more than twice as likely to use substances.
 5. **Many family households facilitate underage substance use:**
 - Less than two-thirds of teens report that their parents take steps to prevent youth from accessing or using substances at home.
 - 54% of youth who drink get their alcohol from an adult family member with permission.
 - More than half of students who use alcohol or cannabis do so at their own home or a friend’s home.
 - 39% of youth who drink do so at home with a parent or guardian present.
 - 22% of youth report their parents are ok with underage drinking. Those youth are more than 3x as likely to use substances: 48% drink compared with 13% of those whose parents express disapproval, and 13% use cannabis compared with 4% of those whose parents disapprove.
 6. **Gambling is emerging as a popular risky behavior**, with 23% of students reporting past-year gambling such as fantasy sports, scratch tickets, online gambling, sports betting, or poker.

The survey findings will be used by Westport Public Schools in several ways:

- Results will be shared with middle and high school leadership teams to create awareness and discuss prevention practices and resources.
- The Coordinator of Health/Physical Education will review the findings with health teachers and discuss whether changes to the health curriculum are needed.
- The Coordinator of Psychological Services will review the data with mental health staff at the secondary level to guide their work with students, especially those receiving special education who may be at higher risk for substance use.
- The Athletic Director will also review the findings and share relevant information with coaches.
- The information will be presented to the School Climate Committees and PTAs and used to foster discussion about positive prevention.
- A question about student concerns related to gambling has been added to the middle school needs assessment to provide support where needed.
- Positive Directions will present the data to the Teen Awareness Group (TAG) for youth discussion and feedback. TAG will incorporate the information into their awareness activities, such as the 9th grade health class presentations, Get Real Day, and campaigns related to substance topics.

In the community, leaders and stakeholder agencies in the Westport Prevention Coalition (WPC) will share the findings and use them to raise awareness and inform plans. Activities will include:

- A community prevention and wellness event to share the findings while highlighting best practices and local resources.
- Parenting talks at PTA events such as the middle school "Coffee and Conversations" discussions.
- Education and resources to parents through in-person workshops, streaming films, postcards, and/or social media about prevention best practices, current substance use in the community, the risks of underage substance misuse, the importance of preventing access to substances at homes, and the legal risks of providing substances to minors.
- Distribution of liquor stickers and cannabis/prescription drug lockboxes to prevent access at homes.
- A Red Ribbon Week campaign in late October to start conversations early between elementary school children and parents.
- Information and educational activities to increase community awareness about the risks of cannabis.
- Collaboration with TAG and the Youth Commission on a teen social norms campaign.
- Sharing awareness posters and curriculum options to schools.
- Planning to increase parent and youth awareness about gambling risks through information and/or educational programming.

Westport Youth Survey Results 2024

November 21, 2024

Dr. Valerie Babich, Coordinator of Psychological Services, Westport Schools
Margaret Watt, Prevention Director, Positive Directions-The Center for Prevention & Counseling

Westport Youth Survey 2024

- Conducted in partnership with Department of Human Services and Positive Directions (state-designated Local Prevention Council)
- Surveys were administered at the end of February 2024
- Parents were given the opportunity to view the survey and opt-out their child
- Aggregate data of random sample of students in grades 7-12 will be presented

Total Student Responses

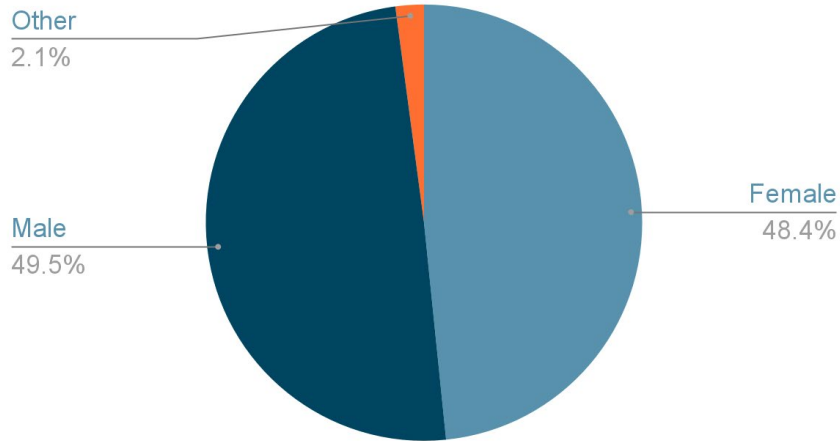
717 total responses

Grade	# Responses	% Grade
7th	124	33%
8th	210	49%
9th	76	19%
10th	86	21%
11th	66	16%
12th	133	32%

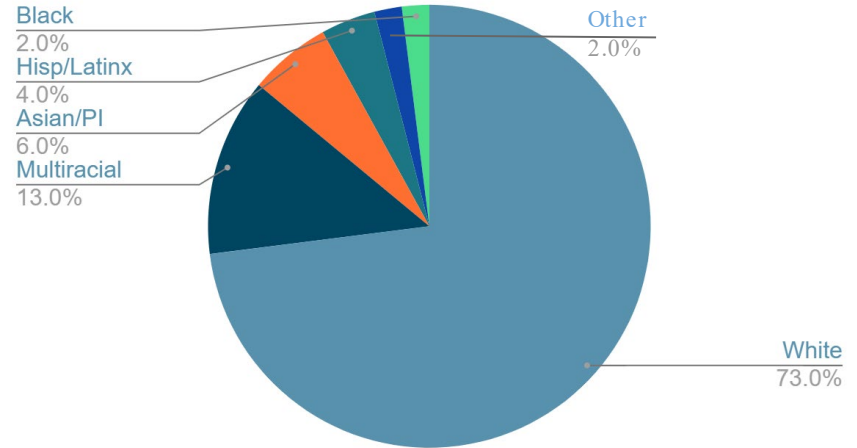
(Grade total is less than 717 as some students did not list their grade.)

Respondent Demographics

2024 WYS Respondents by Gender



2024 WYS Respondents by Race/Ethnicity



- 9% identify as LGBTQIA+
- 17% report having an Individualized Education Program (IEP)
- 12% report receiving English as a Second Language/English Language Learner services

Content of Westport Youth Survey 2024

- Demographics
- 4 Core Measures for Drug-Free Communities - from CDC
 - Current use of alcohol, cigarettes, marijuana, prescription drugs not prescribed to you, vaping (tobacco, nicotine, or marijuana)
 - Awareness of risk for each substance
 - Perception of peer disapproval for each substance
 - Perception of parental disapproval for each substance
- Additional substance-related questions - from prevention databank
 - Ease of access to substances, location of substance use, other substances, risky behaviors (eg DUI), family norms/rules around substances, student commitments



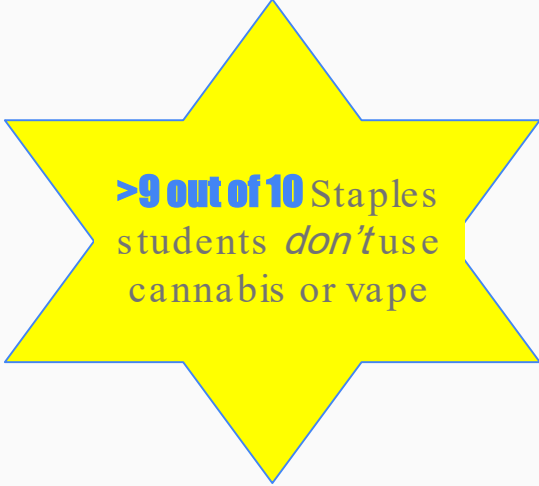
Key Findings




What's the good news?



3 out of 4 Staples students *don't* drink

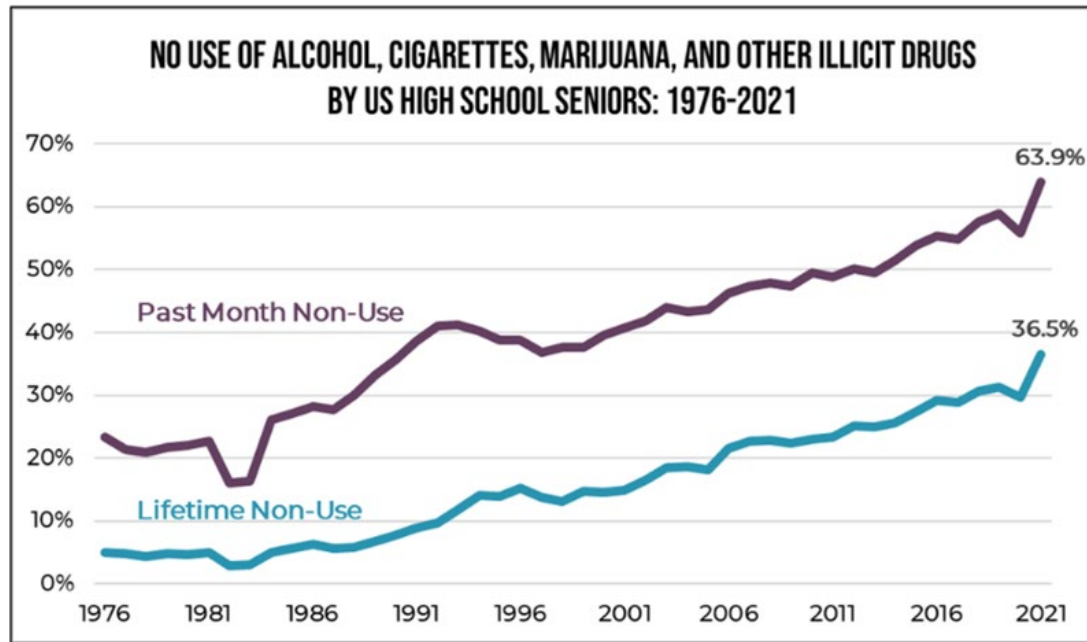


>9 out of 10 Staples students *don't* use cannabis or vape



Westport youth use of alcohol, THC & vaping has **dropped** since 2021

Increasing abstinence from all substances by US high school seniors over time



Source: onechoiceprevention.org, using data from national Monitoring the Future survey

What are the challenges?

12th graders
drink at 1.6x the
national rate

39% youth drink
at home with
parents present

64% youth say
parents take steps to
prevent cannabis
access at home

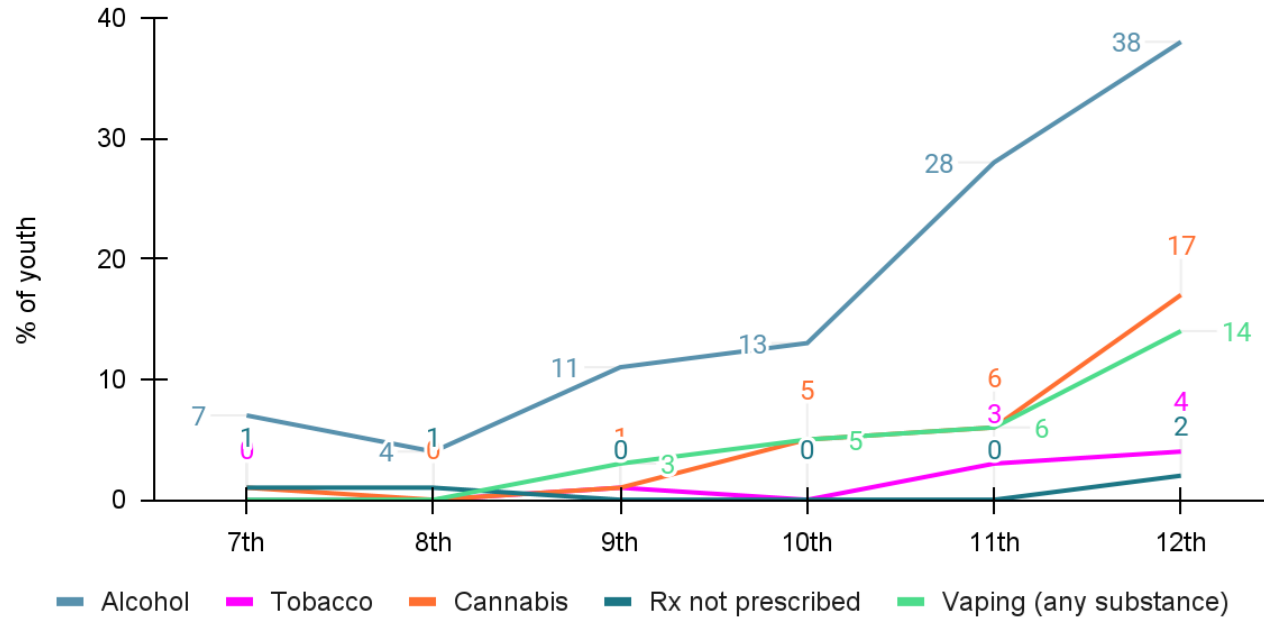
Increase in
cigarette & other
nicotine use

<1/2 of seniors
perceive harm from
using cannabis 1-
2x/week

Westport Youth Substance Use, by Grade, in 2024

Current Substance Use in Westport, by Grade (7th-12th)

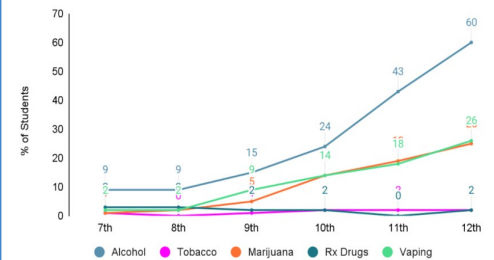
Past 30 Day Use, 2024



Progress! Westport youth now report lower levels of substance use than in the 2021 survey:

Past 30-Day Substance Use by Grade, WPS Students

April 2021



BUT... Westport 12th graders currently report much higher alcohol use (38%) than the national rate of 24%. Nicotine use increased in 11th & 12th.

Westport Youth Substance Use, High School and Middle School, 2024 vs 2021

	2024	High School & Middle School Rates, 2024 vs 2021*			
Past 30 Day Use (aka current use)	Overall (7th-12th)	HS 2024 (n=361)	HS 2021 (n=528)	MS 2024 (n=334)	MS 2021 (n=269)
Alcohol	15%	25%	33%	5%	9%
Tobacco	1%	2%	2%	0%	1%
Cannabis	5%	9%	15%	1%	1%
Misuse Rx drugs	1%	1%	2%	1%	3%
Vaping (all substances)	4%	8%	16%	<1%	2%

White youth report 3x higher drinking rates (30%) than non-White youth (10%)



- Overall, boys report slightly higher rates of alcohol, cannabis and vaping compared with girls
- **11%** of HS boys use cannabis vs 7% of HS girls
- **7%** of MS boys used alcohol compared with 3% of MS girls



- **32%** of 12th graders with IEPs use cannabis (53% perceive harm)
- Overall, students with IEPs use cannabis **3x** more and vape **2x** more than students without IEPs
- In HS, **18%** of students with IEPs use cannabis, compared with 5% of students without IEPs



- LGBTQ+ students report higher use rates of all drugs, compared with non-LGBTQ+
- In HS, **31%** LGBTQ+ students drink vs 23% of non-LGBTQ+ students
- In HS, LGBTQ+ students vape (15%) and use tobacco (5%) at more than **double** the rate of non-LGBTQ+ students (7%, 2%)

Other Substances Used by Staples Students

CBD is HS students' 2nd most-used substance (16%) after alcohol.

- CBD is not illegal or intoxicating. It is also not regulated.
- 6% do not know what CBD is.

% of Staples students reporting ever using other intoxicating substances:

- 5% tobacco (forms other than cigarettes or vapes)
- 5% tobacco-free nicotine pouches
- Fewer than 10 students (<0.1%) report using each of the following: hallucinogens, meth, heroin/ fentanyl*, MDMA (aka Molly, Ecstasy)*, cocaine/crack*, inhalants*

**Only reported by males*



Other Risky Behaviors Reported by Westport Students

Past-year behaviors reported by 7th to 12th graders:

- **Gambling*:** **23%**
- Driving while texting**:
- Disordered eating:
- Riding with a driver who had been drinking/using drugs: 8%
- Being drunk or high at school or at a school event: 3%
- Driving after using cannabis **: 2%
- Driving after drinking **: <10 students

Mostly from friends & family!

1. A friend/peer gave it to me (61%)
2. From an adult family member (54% with permission, including 17% “often”; 24% without permission)
3. A sibling gave it to me (28%)
4. Bought it from someone else (27%)

19% buy it at a store *outside* Westport, 17% at a store *in* Westport.

<10 youth report buying it through a delivery service, website, or social media.



Location of Use: Where do Westport youth use substances?

Alcohol:

1. Party (69%)
2. With friends at my home or my friends' home (63%)
3. At home, with parent or guardian present (39%)
4. A public place, beach, park, woods or street (25%)

Marijuana:

1. With friends at my home or my friends' home (56%)
2. Party (44%)

Vaping:

1. Party (43%)
2. At home, alone (35%)

<10 students reported using substances at school.



How aware are Westport youth of the risks of substance use?

% Westport youth who <u>perceive harm</u> from:	7th grade	12th grade
Having 5+ drinks of alcohol 1-2x per week	<u>78%</u>	80%
Smoking 1 or more packs of cigarettes per day	89%	92%
Using marijuana 1-2x per week	80%	<u>49%</u>
Using Rx drugs not prescribed to them	88%	95%
Vaping tobacco, nicotine or marijuana	85%	80%

In 11th & 12th grade, Westport youth with low perception of harm from alcohol & cannabis are **>2x** more likely to use those substances.

What do Westport youth see as their peers' perceptions around substance use?

% Westport youth who perceive <u>peer disapproval</u> from:	7th grade	12th grade
Having 1 or 2 alcoholic drinks nearly every day	97%	67%
Smoking tobacco	99%	70%
Using marijuana	98%	<u>41%</u>
Using Rx drugs not prescribed to them	98%	86%
Vaping tobacco, nicotine or marijuana	100%	<u>55%</u>

24% of Westport youth who perceive low disapproval from peers **use** cannabis ...
compared with 0% of those who perceive high disapproval from peers

What do Westport youth see as their parents' beliefs around substance use?

Overall, >92% Westport 7th-12th graders report parental disapproval of youth substance use.

They also report:

>3x greater substance use by youth whose parents don't feel daily underage alcohol use is wrong, compared with those whose parents disapprove

- 48% vs 13% drink
- 13% vs 4% use cannabis

Parents OK with underage use:

- Alcohol - 22%
- THC - 7%
- Vape nicotine - 5%

Parents take steps to prevent youth alcohol or other drug *use* at home: 63%

Parents take steps to prevent *access* at home:

- Rx drugs - 64%
- THC - 64%
- Alcohol - 58%

- More girls than boys report clear parent rules.
- More girls than boys report parents are ok with underage use.
- Multisport athletes are less likely to report clear family rules and more likely to report parents are ok with underage drinking.

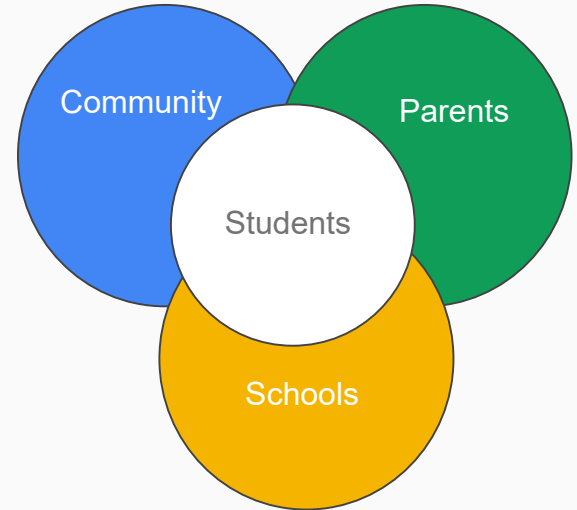
Next Steps

Data is being reviewed with the school community:

- District level—health teachers, mental health staff, athletic director
- School level –administrators, staff
- Students –high school
- Develop recommendations for possible curriculum changes, student programs, parent programs to improve prevention efforts

Data will be used by the Westport Prevention Coalition (community stakeholders):

- Inform prevention strategies and plans
- Raise awareness in the community
 - Presentations to school climate committees & PTAs
 - Presentation to Teen Awareness Group



Questions?





2024 Westport Youth Survey

Conducted by Positive Directions-The Center for
Prevention & Counseling on behalf of the Westport
Prevention Coalition

In partnership with Westport Public Schools and the
Westport Department of Human Services



Demographics Tables

Youth Demographics Sample Size

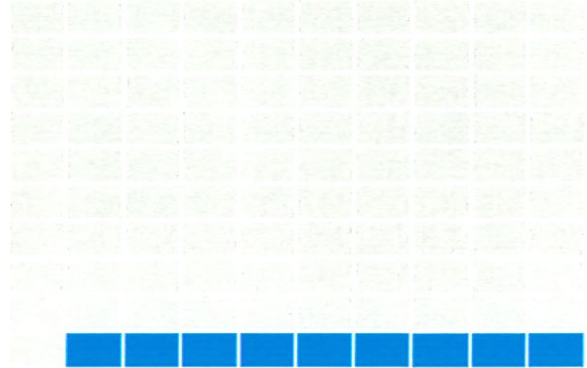
Category	Sample Size
Total	717
Age	
<10	0
10	0
11	0
12	77
13	189
14	115
15	82
16	85
17	109
18	46
19+	2
Grade	
Not enrolled	0
Grade 4	0
Grade 5	0
Grade 6	0
Grade 7	124
Grade 8	210
Grade 9	76
Grade 10	86
Grade 11	66
Grade 12	133
Post-secondary	0
Gender	
Girl	345
Boy	353
Other	15
Race	
Asian/Pacific Islander	41
Black	12
Hispanic/Latinx	25
Native American	1
White	508
Other	16
Multiracial	93

Demographics Charts

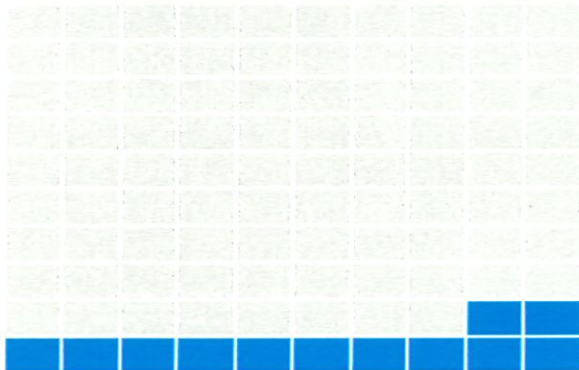
The following waffle charts contain additional descriptive information about your young people who participated in the survey.

No data was collected on financial strain

9% identify as LGBTQIA+

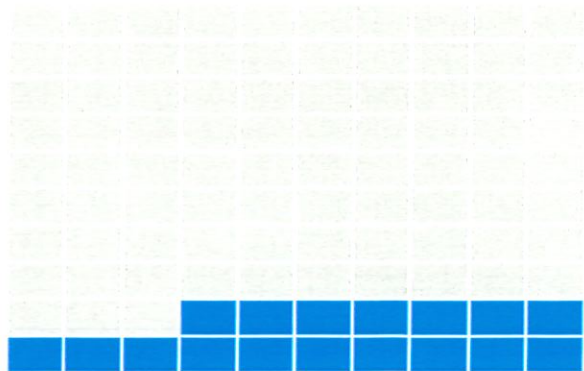


12% are in ESL/ELL programming



No data was collected on food insecurity

17% have an IEP



No data was collected on shelter insecurity

Outcomes: DFC Four Core Measures

Drug-Free Communities – Four Core Measures

Young people are increasingly exposed to negative behaviors and opportunities for risk-taking. Those who experience low levels of developmental relationships and high levels of developmental deficit conditions are particularly vulnerable. In this section, you'll find data describing four core measures related to young people's use of alcohol, tobacco, prescription drugs, and marijuana. These data can be used to meet Drug-Free Communities (DFC) grantee reporting requirements established by the Substance Abuse and Mental Health Services Administration (SAMHSA).

This information is invaluable not only to your efforts to educate the community and develop an action plan for reducing substance use, associated risk behaviors, and deficit factors but also as a basis for strengthening protective factors critical to ensuring that your youth thrive.

The four core measures consist of:

- The percentage of youth who report using alcohol, tobacco, marijuana, or prescription drugs at least once in the 30 days immediately preceding the survey date.
- The percentage of youth who report that their parents feel that substance use is wrong.
- The percentage of youth who report that their friends feel substance use is wrong.
- The percentage of youth who think there is a risk in the use of these substances.

Click to [download a PDF](#) of these measures.

Past 30-Day Use of Alcohol, Tobacco, Marijuana, Prescription Drugs, and Vaping

Category	Definition	Total Sample	Gender		Grade					
			F	M	7	8	9	10	11	12
Alcohol	Used alcohol once or more in the past 30 days	15	13	16	7	4	11	13	28	38
Tobacco	Smoked cigarettes once or more in the past 30 days	1	1	1	0	0	1	0	3	4
Marijuana	Used marijuana once or more in the past 30 days	5	4	5	1	0	1	5	6	17
Prescription Drugs	Used prescription drugs not prescribed to them in the past 30 days	1	1	1	1	1	0	0	0	2
Vaping	Vaped tobacco, nicotine, or marijuana once or more in the past 30 days	4	3	5	0	0	3	5	6	14

Youth Perception of Parental Disapproval of Alcohol, Tobacco, Marijuana, Prescription Drug Use, and Vaping

Category	Definition	Total Sample	Gender		Grade					
			F	M	7	8	9	10	11	12
Alcohol	Drink regularly	96	97	95	97	99	95	98	92	90
Tobacco	Smoke tobacco	98	98	97	100	100	100	97	92	95
Marijuana	Use marijuana	92	93	92	99	100	92	94	86	76
Prescription Drugs	Used prescription drugs not prescribed to you	98	99	97	99	98	100	98	98	95
Vaping	Vape tobacco, nicotine, or marijuana	97	97	97	100	100	99	98	92	92

Youth Perception of Peer Disapproval of Alcohol, Tobacco, Marijuana, Prescription Drugs, and Vaping

Category	Definition	Total Sample	Gender		Grade					
			F	M	7	8	9	10	11	12
Alcohol	Drink regularly	84	89	80	97	93	79	82	77	67
Tobacco	Smoke tobacco	88	89	87	99	98	95	82	71	69
Marijuana	Use marijuana	79	81	77	98	96	88	75	60	40
Prescription Drugs	Used prescription drugs not prescribed to you	92	94	90	98	94	99	86	86	86
Vaping	Vape tobacco, nicotine, or marijuana	82	83	82	100	94	85	76	66	55

Youth Perception of Risk of Alcohol, Tobacco, Marijuana, Prescription Drug Use, and Vaping

Category	Definition	Total Sample	Gender		Grade					
			F	M	7	8	9	10	11	12
Alcohol	Five or more drinks once or twice a week	82	87	78	78	81	75	92	86	80
Tobacco	One or more packs of cigarettes per day	92	94	91	89	93	91	95	94	92
Marijuana	Use marijuana once or twice a week	72	80	66	80	83	72	73	66	49
Prescription Drugs	Used prescription drugs that are not prescribed to them	92	94	89	88	90	89	93	97	95
Vaping	Vape tobacco, nicotine, or marijuana	86	91	81	85	89	84	87	91	80

Four Core Measures Data Summary

		Past 30-Day Use					Perception of Risk				
		Alc	Tob	Mar	Pre	Vape	Alc	Tob	Mar	Pre	Vape
Total Sample	***%	14.8	1.1	4.8	0.8	4.1	81.6	92.4	72.1	91.5	85.9
	n	106	8	34	6	29	581	657	512	647	608
	N	715	715	712	711	715	712	711	710	707	708
Female	***%	13.4	0.6	4.1	0.9	3.5	86.6	94.5	79.8	94.1	91.2
	n	46	2	14	3	12	297	324	272	320	310
	N	344	344	343	341	343	343	343	341	340	340
Male	***%	16.2	1.4	5.4	0.6	4.5	78	91.1	66	89.1	81.4
	n	57	5	19	2	16	273	318	231	310	284
	N	352	352	350	351	353	350	349	350	348	349
Not Enrolled	***%										
	n										
	N										
4	***%										
	n										
	N										
5	***%										
	n										
	N										
6	***%										
	n										
	N										
7	***%	7.3	0	0.8	0.8	0	78.2	88.7	79.8	87.8	84.6
	n	9	0	1	1	0	97	110	99	108	104
	N	124	124	123	124	124	124	124	124	123	123
8	***%	3.8	0	0.5	1	0	81.4	92.9	82.8	89.9	89
	n	8	0	1	2	0	171	195	173	187	186
	N	210	209	208	206	209	210	210	209	208	209
9	***%	10.7	1.3	1.3	0	2.6	74.7	90.7	71.6	89.2	84
	n	8	1	1	0	2	56	68	53	66	63
	N	75	76	76	76	76	75	75	74	74	75
10	***%	12.8	0	4.7	0	4.7	91.9	95.3	73.3	93	87.2
	n	11	0	4	0	4	79	82	63	80	75
	N	86	86	86	85	86	86	86	86	86	86
11	***%	27.7	3.1	6.1	0	6.1	86.2	93.8	66.2	96.9	90.6
	n	18	2	4	0	4	56	61	43	62	58
	N	65	65	66	66	66	65	65	65	64	64
12	***%	38.3	3.8	17.4	2.3	14.4	79.5	92.4	49.2	94.7	80.2
	n	51	5	23	3	19	105	122	65	125	105
	N	133	133	132	132	132	132	132	132	132	131
Post Secondary	***%										
	n										
	N										

Note:

***% -- In this table, the rows marked with a percent sign (%) reflect percentages of youth who meet the criteria appropriate to the particular column for Past 30-Day Use, Perception of Risk, Perception of Parental Disapproval, and Perception of Peer Disapproval.

n -- Rows marked with a lower case n report the number of students who meet the criteria.

N -- Rows marked with an upper case N report the number of students who responded to the relevant question.

Values for one or more cells were suppressed due to fewer than 10 youth in that category responding.

Four Core Measures Data Summary - Part 2

		Perception of Parental Disapproval					Perception of Peer Disapproval				
		Alc	Tob	Mar	Pre	Vape	Alc	Tob	Mar	Pre	Vape
Total Sample	%	95.7	97.6	92.3	97.9	97.2	84.5	87.7	78.6	91.9	82
	n	686	700	660	699	693	599	622	554	651	579
	N	717	717	715	714	713	709	709	705	708	706
Female	%	97.1	98.3	93.3	98.8	97.4	89.5	89.2	81.2	94.2	82.7
	n	335	339	320	339	334	306	306	277	323	282
	N	345	345	343	343	343	342	343	341	343	341
Male	%	95.2	97.2	92.4	97.4	97.4	80.5	86.7	76.5	90.2	82.1
	n	336	343	326	343	342	280	301	264	312	284
	N	353	353	353	352	351	348	347	345	346	346
Not Enrolled	%										
	n										
	N										
4	%										
	n										
	N										
5	%										
	n										
	N										
6	%										
	n										
	N										
7	%	96.8	100	99.2	99.2	100	96.7	99.2	98.4	97.5	100
	n	120	124	123	122	123	119	122	120	119	122
	N	124	124	124	123	123	123	123	122	122	122
8	%	99	99.5	99.5	97.6	99.5	93.3	97.6	95.7	93.7	94.2
	n	208	209	209	204	209	194	203	198	194	194
	N	210	210	210	209	210	208	208	207	207	206
9	%	94.7	100	92.1	100	98.7	78.9	94.7	88	98.7	85.3
	n	72	76	70	76	74	60	72	66	75	64
	N	76	76	76	76	75	76	76	75	76	75
10	%	97.7	96.5	94.2	97.7	97.7	82.1	82.4	75	85.9	76.5
	n	84	83	81	84	84	69	70	63	73	65
	N	86	86	86	86	86	84	85	84	85	85
11	%	92.4	92.4	86.4	98.5	92.3	76.9	70.8	60	86.2	66.2
	n	61	61	57	64	60	50	46	39	56	43
	N	66	66	66	65	65	65	65	65	65	65
12	%	90.2	94.7	75.6	95.5	92.4	67.4	69.5	40.5	86.4	55.3
	n	120	126	99	127	122	89	91	53	114	73
	N	133	133	131	133	132	132	131	131	132	132
Post Secondary	%										
	n										
	N										

Note:

% -- In this table, the rows marked with a percent sign (%) reflect percentages of youth who meet the criteria appropriate to the particular column for Past 30-Day Use, Perception of Risk, Perception of Parental Disapproval, and Perception of Peer Disapproval.

n -- Rows marked with a lower case n report the number of students who meet the criteria.

N -- Rows marked with an upper case N report the number of students who responded to the relevant question.

Values for one or more cells were suppressed due to fewer than 10 youth in that category responding.

Individual Have an Individual or Special Education Plan(s) to display:

Clear selection

- I do not know
- No
- Yes
- missing

Use the selected filter options

Clear all filters



Additional Custom Questions Westport Public Schools Spring 2024 Report for: Positive Directions

This report shows response frequencies for additional questions added to the standard DFC section of the Search Institute Developmental Relationships Survey for Westport Public Schools. For details of the demographic questions and the core DFC questions see the full standard report.

Access to Substances

Where do you GET the alcohol

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
An adult (21+) family member, with permission	27 26%	21 20%	38 37%	18 17%	613
An adult (21+) family member, without permission	52 51%	25 25%	17 17%	7 7%	616
A friend/peer gave it to me	27 26%	13 13%	40 39%	22 22%	615
A sibling gave it to me	65 63%	9 9%	24 23%	5 5%	614
Bought it from someone else	65 64%	10 10%	18 18%	9 9%	615
Bought it myself at a store in Westport	75 74%	9 9%	9 9%	8 8%	616
Bought it myself at a store outside of Westport	67 68%	12 12%	14 14%	5 5%	619
Got it from a local store through a delivery service (Instacart, etc.)	95 94%	3 3%	2 2%	1 1%	616
Ordered it online from a website	98 97%	1 1%	1 1%	1 1%	616
Ordered it via social media (eg Snapchat)	95 94%	4 4%	1 1%	1 1%	616
I got it in some other way	77	12	9	5	614

75% 12% 9% 5%

Where do you USE the alcohol

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
At home, alone	83 81%	10 10%	7 7%	2 2%	615
At home, with parent guardian present	38 38%	23 23%	35 35%	4 4%	617
With friends at my home or my friends' home	30 29%	8 8%	47 45%	19 18%	613
In a car	87 85%	7 7%	7 7%	1 1%	615
At school or on school property (including bus)	101 99%	0 0%	0 0%	1 1%	615
At a party	27 26%	5 5%	27 26%	44 43%	614
A public place, beach, park, woods or street	51 50%	26 25%	24 23%	2 2%	614
A parking lot or garage	89 86%	7 7%	6 6%	1 1%	614

Where do you GET the cigarettes

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
An adult (21+) family member, with permission	6 100%	0 0%	0 0%	0 0%	711
An adult (21+) family member, without permission	5 83%	1 17%	0 0%	0 0%	711
A friend/peer gave it to me	4 67%	0 0%	2 33%	0 0%	711
A sibling gave it to me	6 100%	0 0%	0 0%	0 0%	711
Bought it from someone else	6 100%	0 0%	0 0%	0 0%	711
Bought it myself at a store in Westport	5 100%	0 0%	0 0%	0 0%	712
Bought it myself at a store outside of Westport	3 50%	2 33%	0 0%	1 17%	711
Got it from a local store through a delivery service (Instacart, etc.)	5 83%	0 0%	0 0%	1 17%	711
Ordered it online from a website	5 83%	0 0%	0 0%	1 17%	711

Ordered it via social media (eg Snapchat)	5 83%	0 0%	0 0%	1 17%	711
I got it in some other way	5 71%	0 0%	0 0%	2 29%	710

Where do you USE the cigarettes

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
At home, alone	5 71%	0 0%	0 0%	2 29%	710
At home, with parent guardian present	6 100%	0 0%	0 0%	0 0%	711
With friends at my home or my friends' home	4 67%	0 0%	1 17%	1 17%	711
In a car	4 67%	1 17%	0 0%	1 17%	711
At school or on school property (including bus)	5 83%	0 0%	0 0%	1 17%	711
At a party	2 33%	1 17%	2 33%	1 17%	711
A public place, beach, park, woods or street	5 83%	0 0%	0 0%	1 17%	711
A parking lot or garage	5 83%	0 0%	0 0%	1 17%	711

Where do you GET the marijuana

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
An adult (21+) family member, with permission	28 90%	2 6%	1 3%	0 0%	686
An adult (21+) family member, without permission	28 90%	0 0%	3 10%	0 0%	686
A friend/peer gave it to me	13 42%	6 19%	9 29%	3 10%	686
A sibling gave it to me	26 84%	1 3%	4 13%	0 0%	686
Bought it from someone else	20 63%	3 9%	6 19%	3 9%	685
Bought it myself at a store in Westport	24 77%	3 10%	4 13%	0 0%	686
Bought it myself at a store outside of Westport	20 65%	7 23%	4 13%	0 0%	686

Got it from a local store through a delivery service (Instacart, etc.)	29 94%	1 3%	1 3%	0 0%	686
Ordered it online from a website	29 94%	1 3%	1 3%	0 0%	686
Ordered it via social media (eg Snapchat)	26 84%	3 10%	2 6%	0 0%	686
I got it in some other way	23 74%	2 6%	4 13%	2 6%	686

Where do you USE the marijuana

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
At home, alone	17 52%	8 24%	4 12%	4 12%	684
At home, with parent guardian present	29 94%	1 3%	0 0%	1 3%	686
With friends at my home or my friends' home	10 31%	4 13%	11 34%	7 22%	685
In a car	22 71%	4 13%	2 6%	3 10%	686
At school or on school property (including bus)	28 90%	1 3%	0 0%	2 6%	686
At a party	12 38%	6 19%	6 19%	8 25%	685
A public place, beach, park, woods or street	18 58%	6 19%	3 10%	4 13%	686
A parking lot or garage	22 73%	4 13%	2 7%	2 7%	687

Where do you GET the prescription drugs (not prescribed to you)

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
An adult (21+) family member, with permission	5 100%	0 0%	0 0%	0 0%	712
An adult (21+) family member, without permission	4 80%	1 20%	0 0%	0 0%	712
A friend/peer gave it to me	5 100%	0 0%	0 0%	0 0%	712
A sibling gave it to me	5 100%	0 0%	0 0%	0 0%	712
Bought it from someone else	5 100%	0 0%	0 0%	0 0%	712
Bought it myself at a store in Westport	5	0	0	0	712

	100%	0%	0%	0%	
Bought it myself at a store outside of Westport	5	0	0	0	712
	100%	0%	0%	0%	
Got it from a local store through a delivery service (Instacart, etc.)	5	0	0	0	712
	100%	0%	0%	0%	
Ordered it online from a website	5	0	0	0	712
	100%	0%	0%	0%	
Ordered it via social media (eg Snapchat)	5	0	0	0	712
	100%	0%	0%	0%	
I got it in some other way	4	0	0	2	711
	67%	0%	0%	33%	

Where do you USE the prescription drugs (not prescribed to you)

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
At home, alone	5 83%	0 0%	0 0%	1 17%	711
At home, with parent guardian present	5 100%	0 0%	0 0%	0 0%	712
With friends at my home or my friends' home	4 80%	1 20%	0 0%	0 0%	712
In a car	5 100%	0 0%	0 0%	0 0%	712
At school or on school property (including bus)	5 100%	0 0%	0 0%	0 0%	712
At a party	5 100%	0 0%	0 0%	0 0%	712
A public place, beach, park, woods or street	5 100%	0 0%	0 0%	0 0%	712
A parking lot or garage	5 100%	0 0%	0 0%	0 0%	712

Where do you GET vapes

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
An adult (21+) family member, with permission	27 100%	0 0%	0 0%	0 0%	690
An adult (21+) family member, without permission	25 96%	0 0%	1 4%	0 0%	691
A friend/peer gave it to me	17 65%	6 23%	3 12%	0 0%	691
A sibling gave it to me	23 88%	2 8%	1 4%	0 0%	691

Bought it from someone else	19 70%	4 15%	4 15%	0 0%	690
Bought it myself at a store in Westport	19 73%	2 8%	2 8%	3 12%	691
Bought it myself at a store outside of Westport	19 70%	1 4%	3 11%	4 15%	690
Got it from a local store through a delivery service (Instacart, etc.)	25 96%	0 0%	1 4%	0 0%	691
Ordered it online from a website	25 96%	1 4%	0 0%	0 0%	691
Ordered it via social media (eg Snapchat)	24 92%	1 4%	1 4%	0 0%	691
I got it in some other way	22 81%	3 11%	1 4%	1 4%	690

Where do you USE vapes

Prompt	Never	Rarely	Sometimes/Occasionally	Often	Missing
At home, alone	14 50%	4 14%	6 21%	4 14%	689
At home, with parent guardian present	23 85%	1 4%	1 4%	2 7%	690
With friends at my home or my friends' home	12 46%	5 19%	4 15%	5 19%	691
In a car	15 58%	3 12%	3 12%	5 19%	691
At school or on school property (including bus)	21 78%	2 7%	1 4%	3 11%	690
At a party	10 38%	5 19%	3 12%	8 31%	691
A public place, beach, park, woods or street	17 65%	3 12%	1 4%	5 19%	691
A parking lot or garage	19 73%	4 15%	0 0%	3 12%	691

Have you EVER used any of the following?

Prompt	NO, never	YES, but not in the past 30 days	Yes, in the past 30 days	I don't know what this is	Missing
CBD Products	292 77%	41 11%	20 5%	24 6%	340
Tobacco products other than cigarettes or vapes (chewing tobacco, cigars)	358 95%	14 4%	3 1%	2 1%	340

Tobacco-free pouches (Zyn, Velo, etc.)	347 92%	9 2%	13 3%	8 2%	340
Ecstasy or Molly (MDMA)	362 96%	1 0%	2 1%	11 3%	341
Cocaine/crack cocaine	373 99%	0 0%	2 1%	2 1%	340
Hallucinogens (LSD, acid, mushrooms, PCP)	365 97%	3 1%	4 1%	5 1%	340
Heroin/Fentanyl	368 98%	2 1%	2 1%	4 1%	341
Inhalants (things you sniff or inhale to get high such as glue, paint, whippets, or sprays)	369 98%	0 0%	2 1%	6 2%	340
Meth	371 99%	0 0%	3 1%	2 1%	341

During the last 12 months, how many times have you...?

Prompt	Never	Once	2 or more times	Missing
Been drunk or high at school or at a school event?	692 97%	8 1%	11 2%	6
Driven a car after you had been drinking?	702 99%	5 1%	3 0%	7
Driven a car after you had been using marijuana or THC product?	694 98%	8 1%	7 1%	8
Driven a car while texting?	628 88%	34 5%	48 7%	7
Ridden in a car whose driver had been drinking or using drugs?	652 92%	36 5%	23 3%	6
Gambled (including fantasy sports, scratch tickets, online gambling, sports betting, poker, etc.)?	552 78%	62 9%	96 14%	7
Engaged in bulimic or anorexic behavior or disordered eating?	633 90%	29 4%	43 6%	12

My family has clear rules discouraging me from:

Prompt	Yes	No	Not Sure	Missing
Drinking alcoholic beverages	489 69%	120 17%	98 14%	10
Smoking cigarettes or using tobacco	634 90%	42 6%	28 4%	13
Vaping nicotine (Juul, Blu, Puff Bar, etc)	637	39	29	12